#### Pre-Season workshops 15<sup>th</sup> March 2014

## Sailing Instructions and Race Management Update – Doug Spooner & Dave Ellis

This session is just as relevant for experienced sailors as it is for newer members and will focus on basic racing Rules and the Club Sailing Instructions which govern our sport. When was the last time you read the Club sailing Instructions? Whenever that was, they have undergone another major review over the winter. The changes will be explained and questions answered. Printed copies will be available.

#### Timekeeping and Recording Update – Doug Spooner

This session will focus on reviewing the basic processes and requirements of Race Management and, in particular, the role of timekeepers and recorders. It will be equally relevant to regular volunteers and new members thinking of helping out on the squarehead. It will also provide an excellent introduction for those taking part in the Timekeeper & Recorder Training on 22<sup>nd</sup> March.

## Patrol Boat Update – Mick Lawrence & Graham Silsbury

This session will focus on Patrol Boat procedures and relevant Health & Safety requirements for the benefit of all members undertaking patrol boat duties during the season. There will also be information on training and requirements for special events.

#### Sailing and Racing for Newer Members – Ted Temple

Are you a recent member who may have done some sailing in the past, or perhaps you have done some training days at the Club. Do you still find the prospect of sailing and especially racing a bit daunting? Ted Temple, who has extensive knowledge of the local waters and has sailed at Broadstairs for over 50 years will be on hand to pass on some hints and tips and to answer questions to help you get on the water with more confidence.

#### Training and Coaching Update – Ben Twist & Graham Silsbury

The Training and Coaching programme has transformed many aspects of the Club and has been a prime factor in boosting membership. This session will focus on plans for the coming season and an update on processes and procedures. If you are planning to take part in training or coaching this season, as trainee, instructor or coach, then this session is a must for you.

## Juniors – Sue Twist & Roy Fomison

We have around 50 Junior members (youngsters under 18 who are part of a family membership or members in their own right). Many of these have been or are involved in the training programme but what else does the Club do for them? This session will be in 2 parts, one for Juniors and one for parents. We have some ideas but what about you? This is your opportunity to have your say and help to make some positive progress in this area.

## Volunteering – Adrian Trice

A Club like ours relies totally on the many volunteers who combine to make everything work. Without the commitment and dedication of our volunteers the Club would not be the success that it is. Volunteering is a two way thing, the Club cannot manage without volunteers, but volunteers will also benefit greatly by becoming involved in the various activities of the Club and who knows, it may lead to committees and more!! If you would like to get more involved come along to find out what the opportunities are.

## Social & Kitchen Update – Sue Twist & Deb Todd

Social activities are a very important aspect of the Club and many members play an active role at events and in the kitchen. This is an opportunity to review the general kitchen policies and practices and for members to consider how they can help in this area. There will also be the chance to discuss possibilities for future social events.

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**Draft Programme** – this is subject to change depending on the demand from members. Further details will be e-mailed to all members as soon as they are available.

| 09.30 | Tea and Coffee available in the Club   |                                   |
|-------|--|-----------------------------------|
| 10.00 | Welcome and introduction   | Lounge                            |
| 10.30 | Workshop session 1<br>Patrol Boat Update<br>Timekeeping and Recording Update   | Wardroom<br>Lounge                |
| 11.15 | Workshop session 2<br>Sailing Instructions and Race Management Update<br>Training & Coaching Update<br>Social & Kitchen Update | Wardroom<br>Lounge<br>Kitchen/bar |
| 12.00 | Workshop session 3<br>Juniors – junior members<br>Juniors – parents  | Wardroom<br>Lounge                |
| 12.45 | Lunch  |                                   |
| 13.30 | Workshop session 4<br>Volunteering<br>Sailing Instructions and Race Management Update  | Wardroom<br>Lounge                |
| 14.15 | Workshop session 5<br>Patrol Boat Update<br>Sailing and Racing for Newer Members   | Wardroom<br>Lounge                |
| 15.00 | Workshop session 6<br>Timekeeping and Recording Update<br>Training & Coaching Update   | Wardroom<br>Lounge                |
| 15.45 | Conclusion and Club development update   | Lounge                            |